

Monday

4 November 2013

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The Standard 英文虎報

小小
英語樂

Goodies

Showers
23-26°C

Unload the nose

WHEN your nose feels itchy, you know it is coming. You feel itchier and itchier until you cannot stand the tickle anymore – you go ahhh...choo! What is it? It is a sneeze!

Now that winter is coming, you may find yourself sneezing when you get up in the morning, or when a cold breeze passes by. Sneezing could be uncomfortable and even embarrassing at times, but it is actually good for our body. How come? Find out on G02!



Editor's Note

On G02, Our writer Janice explains why we sneeze. When you sneeze you need to cover your mouth with a tissue or your hand (but remember to wash your hand later). This is to prevent the spread of germs. One time I was not quick enough and I sneezed without covering my mouth. A lady near me ran away with one hand covering her mouth and the other hand fighting off the germs that were chasing her!



Simon

Vocabulary Builder

Itchy



Goodies Learning Card

Another way to say itchy is 'tickly':

- This fluffy towel is **tickly**.

You can say 'tingling' when your body feels like it has been stung:

- My lips are **tingling** from the spicy food.



Janice

Why do we sneeze?

Sneezing is good for us because it is a way to get unwanted or even harmful things out of our bodies. When dust, strange smells or cold air **irritate** our noses, our **brains** make us sneeze to get rid of the irritants and make us feel comfortable again.

Cover your mouth with a tissue or handkerchief when you sneeze!



Speeding snot

When we sneeze, we blast out countless tiny **droplets** at top speed. These droplets could rocket out at up to 160 kilometres per hour, which is a lot faster than most normal road cars can travel.



Weird stimuli

Some people have a special **gene** in their body that makes them sneeze when they look at strong light. Some also go 'ah-choo' when they have a full stomach. These traits are **hereditary**, so if you have them, your other family members may have them too.



Tickling tradition

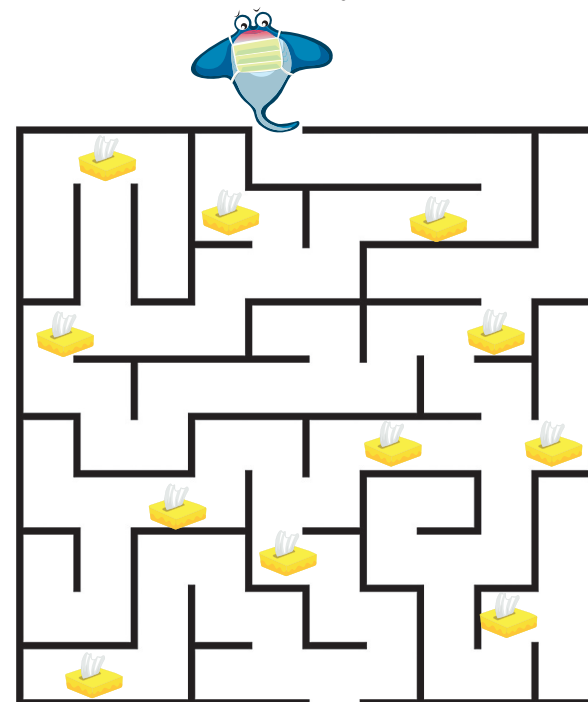
In the West, many people like to say 'bless you' after someone sneezes. That is because a long, long time ago, people believed that the soul left the body **momentarily** when you sneezed. They had to say 'bless you' to protect the runaway soul.

Bless you,
Big Dee!



Game

Oh no! Big Dee cannot stop sneezing. How many tissues will he use on his way to the supermarket?



Answers on G12

