

15 October 2014

23-24°C

The Standard 英文虎報

小小英語樂

Goodies

Wednesday
LS World

The colours of life



TAKE a close look at this page. How many different colours can you spot? Orange, yellow, green, red... There are so many colours to name! Colours make everything look prettier. They also carry healing powers. They could make you feel happier and even healthier! Read on to find out what some popular shades can do.

Editor's Note

In the song *Unloveable* by the pop band The Smiths, the singer sadly sings, "I wear black on the outside because black is how I feel on the inside." Cheer up! He should wear bright colours to make him feel better. Turn to G02 to learn how colours affect our mood. Exercising also makes you feel good. Look at the picture on G03 of elderly women exercising. Just looking at the picture cheers me up! I hope today's Goodies puts you in a great mood!



Simon



Janice

Magical shades

Colours change the way we feel. Some cheer us up. Some **calm** us down. And some may make us sad. So the next time you want to boost your **mood**, you may **consider** putting on clothes of certain colours!

Yellow

Bright yellow makes us feel **energetic** and cheerful. But using too much of the colour could make you feel angry and frustrated.

Green

You may have heard that looking at green trees is good for your eyes. It is actually true! Scientists have proved that staring at green scenes helps to relax the eyes.

Pink

When we see pink, we often think of words like 'cute' and 'love'. The colour can soothe the mind and make us feel peaceful. That is why it is sometimes used in places like kindergartens.

Purple

Some people call purple 'the royal colour'. It reminds people of **sophistication** and **wealth**. That is why in storybooks you may often see purple clothes on kings and queens. But just like bright yellow, too much purple could make you feel quite uncomfortable!

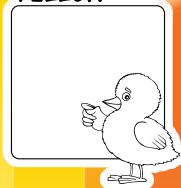
Blue

What does blue suggest? It depends on the shade. Lighter blue – like sky blue – is a 'good' colour. It can calm you and even lower your blood pressure. Darker blue is a 'bad' colour. It may make you feel sad! If you are feeling 'blue', that means you are feeling down.

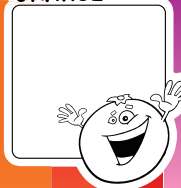
Activity

Pick up your colouring pencils and colour in the squares with the colours stated!

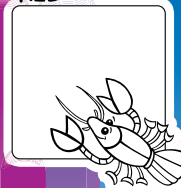
YELLOW



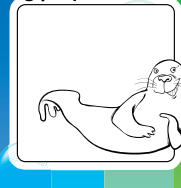
ORANGE



RED



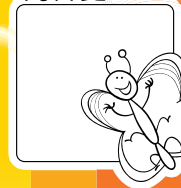
GREY



BROWN



PURPLE



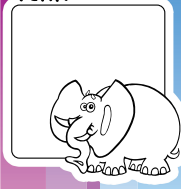
BLUE



GREEN



PINK



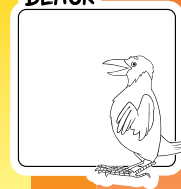
WHITE



GREY



BLACK



Vocabulary

calm (v) 冷靜
mood (n) 心情

consider (v) 考慮
energetic (adj) 精力充沛的

sophistication (n) 有教養的
wealth (n) 財富



Challenge

