

Goodies

Beware of germs

Why are there so many germs around me?

That's because they can breed everywhere!

THERE are places and things which you think are clean, but are actually filthy. Germs are everywhere and if you are unlucky you could become very ill. So be very careful always.

Editor's Note

Hi! When I was young, the most popular type of dance among kids of my age was breaking. My classmates would always do it during lunchtime and have 'battles' to see who was the best breakdancer. They always had to look for smooth floors inside the school so that they could spin on their heads or backs. Many times the principal would kick them out, so as a result they carried large pieces of cardboard to school and did breaking in the playground. Their example shows you that people cannot stop you from doing what you love. If you really like doing something, such as drawing or dancing, you will always find ways to do it. Turn to G05 to learn more about breaking.

Simon



Siu fung

There is danger everywhere

GERMS, which mainly include **bacteria** and **viruses**, are very tiny living things that cannot be seen with our eyes. Here is a list of common things which teem with germs. Be extra cautious when you use such items.

Automatic teller machine

THE large number of people who use them means more germs.

Money

BANKNOTES and coins have passed through many hands before they reach you.

Computer keyboard

IT is used so many times but when was the last time you cleaned it?

Toothbrush

GERMS from your mouth can breed among the bristles.

Mobile phone

DANGER lurks because you touch many things before you reach for your phone.

Shopping trolley

BLOOD and other fluids from raw meat may drip to the bottom.

This is why alcohol wipes are handy!

Tips to stay healthy

Here are some simple tips to protect yourself against germs:

1. wash your hands often;
2. clean the things you use and any that you suspect may contain lots of germs;
3. use **alcohol wipes** to clean facilities such as toilet bowls in public places before using them;
4. eat healthily and exercise often to develop a strong **immune system**.



Game

The word 'bacteria' is actually plural while 'virus' is singular. What is the singular form of 'bacteria' and the plural form of 'virus'?

Answers on G12

