



Monday 6 March 2017





LANTABLE paper – also known as seed or blooming paper – is popular in Taiwan (台灣) and the West. It is a biodegradable paper made from unwanted leaflets or brochures that we might dispose of after a quick read. The paper is embedded with seeds, and when planted under a thin layer of soil, it will gradually degrade. But the seeds will grow into plants and flowers will bloom. It is a cheap and simple leisure activity.

ear and prepare

RIP the plantable paper into small pieces to ensure that the seeds inside the paper have more space to grow.

I don't see any seed packets. How did you grow these chrysanthemums?

I grew them from grandfather's special *lai see* paper. I'll show you how!



Soak and wait

SOAK the paper for three to four hours. Gently peel off the outer layer and expose the seeds to the air.



Scatter and plant

SCATTER the pieces of paper in any container. Cover with a thin layer of soil.







The seed paper can come in the form of *lai see* packets, *fai chun*, and even books.



Some multinational companies, such as Samsung and Kiehl's, even embed seeds in their promotional leaflets. This advertising strategy is costly but it helps the companies build a green image. Seed paper comes in different colours and shapes and can contain sesame, basil and other herbal and flower seeds.

