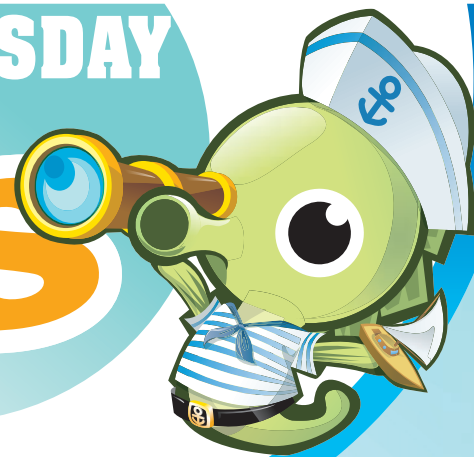


# Goodies



## Raising pigs in Hong Kong



### Editor's Note

Hello readers! I am very thankful that when I was young I exercised regularly and played sports. Now that I am an adult, I am not afraid of exercising because I am so used to it. Some grown-ups, though, do not exercise because they have not done it for a long time and feel they cannot get back into it. That is bad because many of us sit all day and eat food that has too much oil, sugar and salt. Why not encourage your parents to exercise with you and have a healthier lifestyle? Turn to P08 to learn about some exercises you can do together.



Simon

ONLY 5 percent of the pork eaten in Hong Kong is produced locally because there are very few piggeries. Pig farming is unattractive because of the long working hours and unpleasant conditions. It was therefore a surprise when UK-educated Tsang Lung-wai walked out of the information technology sector to take over his family's farm.





# Pigging out

ONLY 43 pig farms are left in Hong Kong, mostly in the New Territories. They produce just 5 percent of the pork we consume. But many people are worried about the safety of food from across the border. Some believe that it is worth **reviving** Hong Kong's pig industry. Local meat is said to taste better and is safer.



## A hard day's work

TSANG Lung-wai (曾龍威), who is in his twenties, took over his family-run pig farm four years ago. He and his two co-workers have a hectic work schedule which starts at 6am and ends late at night. They breed and feed the pigs, **vaccinate** them and keep the piggery clean and in good shape. They have to regulate the temperature and **ventilation** to provide a comfortable environment for the pigs.



## Raising healthy pigs

AS more Hongkongers are becoming health-conscious, Tsang focuses on raising pigs that produce low-fat, or lean, meat. His pigs are fed a mixture of corn, protein, vitamins, Chinese herbs and other ingredients that helps keep them healthy. When he was younger Tsang helped out at the farm, so he is familiar with the animals. "Pigs are **placid** and kindhearted," he said. "If you treat them well, they will come close to you."

## An uncertain future

FEW people choose to work in piggeries, which many believe are dirty and smelly. Tsang, however, has fond childhood memories and he does not want his family business to shut down.

But the future is uncertain. "There is not enough land for farming in Hong Kong. If the government has to develop this area, we may have to surrender our licence. This is what happened to my peers in Kwu Tung (古洞)."

## Food security

THE cost of raising pigs in the mainland is surging. Since 2016, imported pork has cost 50 percent more. We could be hit by a global food crisis because of unpredictable weather, a **population boom** and shrinking water resources. If major producers suffer from bad harvests or livestock disease, Hong Kong will be hit because of its reliance on imports. To avoid such a scenario countries such as Singapore (新加坡) are trying to become **self-sufficient**.

