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A special day

for mums

Mother's Day, which celebrates mums and motherhood. But what else do we know about it?



Helping mums

THIS holiday comes on the second Sunday of every May. On this day, you should try to take care of your mum. You can also ask your dad to help. There are a lot of things you can do for your mum. You can cook breakfast for her and let her have breakfast in bed. You and your dad can get flowers for her. You can even draw her a thank-you card.

Holiday origins

MANY older **cultures** set up days to honour mothers and motherhood. But the **modern** Mother's Day started in the US. Anna Jarvis held a **memorial** for her mum after she passed away in 1905. Anna wanted the holiday because to her, a mother is "the person who has done more for you than anyone in the world". She **campaigned** hard and finally in 1914, the US president of that time, Woodrow Wilson, signed a **document** saying that from then on the second Sunday of May will be a holiday for mums.



▲ Anna Jarvis



